



... answered



Caffeine free





TURMERIC/GINGER Organic Tea

Organic Turmeric and Ginger Tea!

This soothing blend has several health benefits due to its active compound, curcumin, including reducing inflammation (pain), improving heart health by lowering "bad" cholesterol, and boosting immune function. Helps fight cancer. Curcumin as a way to prevent and treat cancer. It is also associated with improved brain health, potential support for weight management, aiding digestion and reducing nausea.

Every brew is a solution!

... that ALL may go WELL with you, today and everyday!



HIBISCUS/GINGER Organic Tea

Organic Hibiscus and Ginger Tea!

Packed with antioxidants and natural spice, reducing nausea, alleviating chronic inflammation and pain, improving blood sugar and cholesterol levels. This refreshing blend supports your immune health and energizes your day.

Enjoy the beautiful crimson hue and zesty kick in every sip.



... that ALL may go WELL with you, today and everyday!





ASHWAGANDHA/GINGER Organic Tea

Discover balance in every cup with our Organic Ashwagandha & Ginger Tea — a powerful blend designed to help <u>reduce</u> stress and anxiety, improve sleep quality, and support physical performance.

Adaptogenic ashwagandha calms the mind, while warming ginger ignites your inner strength. Together, they create a grounding, invigorating brew for body and soul.





... that ALL may go WELL with you, today and everyday!





PEPPERMINT/RASPBERRY Organic Tea

Our Organic Peppermint & Raspberry Tea is a blend crafted from the finest organic herbs and fruits. Support digestion by easing symptoms of indigestion, bloating, and gas, help alleviate tension headaches and migraines, freshen breath with its antibacterial properties, and potentially boost mental alertness and memory or lifting your spirits.

Whether you're winding down, this vibrant infusion soothes, refreshes, and supports your wellness from the inside out.

Delicious hot or iced.



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LEMONGRASS/PEPPERMINT Organic Tea

Refresh your senses with our Organic Lemongrass and Peppermint Tea! Made from 100% natural, ethically sourced herbs, this invigorating blend offers a calming aroma and a revitalizing taste.

Perfect for <u>digestion</u>, <u>relaxation</u>, <u>and</u>

<u>detoxification relieving bloating and</u>

<u>gastric issues</u>, <u>potential blood pressure</u>

<u>regulation</u>, <u>and antibacterial and</u>

<u>antioxidant effects</u>.

A go-to daily boost for wellness and tranquillity.

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LAXATIVES Organic Tea

Feel light, refreshed, and balanced with our Organic Laxative Tea — a carefully crafted herbal blend designed to support healthy digestion and natural elimination. Made with time-honoured ingredients like senna leaf, golden flaxseed, fennel seed, ginger root, cinnamon chips, orange peel, coriander seeds, rhubarb root, and dill seeds. This caffeine-free tea works gently with your body to help relieve occasional constipation and promote regularity — without harsh chemicals or artificial ingredients.

GETS YOUR BOWEL MOVING.

Every brew is a solution!



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Serving suggestions:

Steep one tea bag in a freshly boiled water for 3-4 minutes.

Allow to cool.

Enjoy as is.





OREGANO/BASIL Organic Herb

Bold flavour, purely organic. Bring your dshes to life with our Organic Oregano & Basil Herbs — a classic duo of Mediterranean flavour.

Basil and oregano are packed with a vast number of antioxidants and a good amount of vitamin K. The antioxidants protect your tissues from damage and help maintain healthy blood vessels, while vitamin K ensures healthy blood function and helps to maintain bone health.

From pasta sauces and soups to salads and marinades, these aromatic herbs add depth, freshness, and a touch of tradition to every meal.



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ROSEMARY Organic Herbs

Elevate your cooking and wellness rituals with our Organic Rosemary Herbs — fragrant, sprigs packed with bold flavour and natural benefits. Whether you're roasting vegetables, infusing oils, or brewing herbal tea, our rosemary delivers fresh, earthy aroma and antioxidant-rich goodness in every pinch. Rosemary leaves offer various health benefits due to their antioxidant, anti-inflammatory, and antispasmodic properties, potentially improving memory and concentration, reducing stress, aiding digestion, and providing nutritional value from their rich content of phytochemicals and essential vitamins.



... that ALL may go WELL with you, today and everyday!





Nutrition Facts

Per 1 Cup (250ml)

Amount per serving

Calories

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	% Daily value
Fat 0g	0%
Saturated Fat Og	0%
Trans Fat Og	0%
Carbohydrate 0g	0%
Fiber Og Sugars Og	0%
Cholesterol Og	0%
Sodium 0g	0%
Protein 0g	0%

Nutrition Facts

Amount per serving

Calories

		_
		% Daily value
Fat	Og	0%
Saturated Fat Og		0%
Trans Fat Og		0%
Carbol	nydrate Og	0%
Fiber Sugar	•	0%
Cholesterol Og		0%
Sodiun	n 0g	0%
Protein 0g		0%

Do you have more questions specific to your need?

BOOK A ONE-ON-ONE CONSULTATION

with Head Consultant, Deju, FNE

